



Waitemata Health  
Excellence Awards  
*Showcasing Achievement*

# Pacific Asthma Medication Plan (PAMP)

West Fono Health Trust  
Rangitira Children's Unit  
Quality Use of Medicines Team

# Designed for Pacific families

- To reduce hospital visits of children
  - Enhance asthma education
  - Promote 'everyday' inhaler use
  - Personalised, pictorial, first language
- 50 families enrolled in study
  - Face-to-face education + PAMP
  - Questionnaire after six weeks
  - Ethics committee approved





English Version

## Asthma Plan for

Morning & Evening Everyday

1 puff



Beclazone

Morning & Evening Everyday

1 puff



Oxis™

Asthma Getting Worse

4 puffs every 15 minutes



Emergency Phone Ambulance 111

Sione needs a new plan if the medicines change, or by Aug 2009

Beclazone is a registered trade mark of IVAX Pharmaceuticals  
Oxis is a registered trade mark of AstraZeneca  
Salamol is a registered trade mark of IVAX Pharmaceuticals

This plan was made by Rudy at West Fono.  
To contact West Fono call (09) 837-1780

WEST FONO Health Trust

Waitemata District Health Board  
Te Wai Awhina

Version: 1.02 | Created on:  
Thursday, 28 May 2009

Tongan Version

## Ko e fakahinohino ki ho'o hela

Pongipongi moe efiati Aho kotoa

Pamu tu'o 1



Beclazone

Pongipongi moe efiati Aho kotoa

Pamu tu'o 1



Oxis™

Toe fakaututu ange kihe kovi e hela

Pamu tu'o 4 he miniti 'e 15 kotoa pe



Fakatu'utamaki pe Puke lahi Telefoni kihe Ambulance fika 111

Sione fiamau ke fetongi 'a ho'o faito'o hela he 'aho Aokosi 2009

Beclazone is a registered trade mark of IVAX Pharmaceuticals  
Oxis is a registered trade mark of AstraZeneca  
Salamol is a registered trade mark of IVAX Pharmaceuticals

Na'e 'oatu 'ae fakahinohino ki ho Hela 'e Rudy mei he West Fono.  
Fetu'utaki kihe Kiliniki West Fono 8371780

WEST FONO Health Trust

Waitemata District Health Board  
Te Wai Awhina

Version: 1.02 | Created on:  
Thursday, 28 May 2009

# It works...

- 'Everyday' inhaler use increased
  - No admissions to hospital
- Improved knowledge + confidence
- Acceptable to children + families
  - Face-to-face education is still vital
- Successful team approach; nurse-led
- Resource is being shared with others

