

# Assessment of Motor and Process Skills

How does this assessment benefit both patients and therapists?

In the acute setting the role of the occupational therapist as an evaluator is paramount. The Assessment of Motor and Process Skills (AMPS) is a standardized and accurate assessment developed by occupational therapists that gives fair results for patients. This is in line with the WDHB core values and is unique as it assesses people carrying out meaningful, everyday tasks such as cooking a meal.

## 1. AIM

- Client centred practice.
- Increase the number of AMPS trained therapists in Acute Services.
- Ensure that our practice is evidence based.
- Improve the quality of service delivery.

## 2. METHOD

- Researched available client-centred and functional assessments – discovered AMPS.
- Application made to the Margaret Gadsdon Memorial Endowment for full tuition fees to complete AMPS training.

## 3. IMPLICATIONS TO PRACTICE

- As well as embracing Waitemata District Health Board core values, AMPS allows therapists to be more client-centred in their assessment choices.

## 4. OUTCOME

- Two therapists became AMPS trained.
- Trained therapists report an improvement in observation skills, confidence and intervention planning.
- Increased awareness of the value of AMPS within the multi disciplinary team.
- Further AMPS training required for additional therapists.

**Openness**  
(Ensuring transparency of process)

Provides meaningful reports that are valuable to the patients and the multi-disciplinary team.  
Clarifies the role of occupational therapy through patient participation.



**Integrity**

(Being truthful, sincere, fair and consistent)

Provides a valid, reliable and standardised result for a fair and impartial assessment.  
Allows for re-assessment, evaluation, monitoring of progress and impact of intervention.



**Respect**

(Acknowledging a person's dignity)

Ensures the patient and therapist work in partnership.  
Focuses on what the person wants, needs and is expected to do in their everyday life.



**Customer Focus.**

(Ensuring patients are well served.)

Provides accurate data leading to a fair outcome.  
Provides higher quality assessment in a time efficient manner.  
Promotes a client-centred approach within the multi disciplinary team.  
Focuses on a patient's unique needs.



**Compassion.**

(Being thoughtful of people's needs)

Encourages patients to talk about their roles and daily routines.  
Allows assessment tasks to be chosen by patients.



Thanks and acknowledgments to the Margaret Gadsdon Memorial Endowment, Sandy Rutherford (Senior OT, NSH) and Kim Frenchmen (Senior OT, WTK)

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